



ANNUAL REPORT (2018-2019)



**"YOU AREN'T ALONE,
WE'RE HERE TO HELP."**



OUR MISSION:

"The mission of Family Support Network of Central Carolina is to provide support, education, and caring connections to those who have a child with special needs or have experienced a NICU stay."



OUR HISTORY:

FSNCC was organized in 1989 by a coalition of parents, medical professionals and staff from community agencies serving children with special needs and their families. FSNCC serves families living in Guilford and surrounding counties. We are affiliated with NC Parent to Parent and the Family Support Program at UNC.



OUR FUNDING:

One of our primary objectives is to offer our services for free to our families. We do so through the following means:

- Annual Fundraisers (including Poker for Preemies, which raises over 30% of our funding, www.pokerforpreemies.org)
- Grants and Campaigns (Guilford County Partnership for Children, DSS, Community Foundation- Future Fund, Safety Makes Cents, and more)
- Private Donations & Local Sponsors
- In-Kind Support (office/warehouse space)



FAMILY SUPPORT NETWORK

of Central Carolina



OUR VOLUNTEERS:

Our organization truly couldn't run without the dedication and support of our many volunteers. From volunteers who sew blankets for our NICU babies, the interns who help serve us as we prepare for our annual Poker for Preemies event, the graduate families who provide NICU lunches, and everything in-between. We're abundantly grateful for the support of our community in all forms.



VOLUNTEER IMPACT:

530

Total FSNCC Volunteer hours served

\$12,794

In-kind support, valued at \$24.14 per hour

WWW.FSNCC.ORG



FAMILY SUPPORT NETWORK

of Central Carolina

OUR EXECUTIVE BOARD:

Ashley Collier- *Chair, Parent*

Carter Davenport- *Vice-Chair, Parent*

Ashley Wade- *Treasurer, Parent*

Jane Glynn- *Secretary, Service Coordinator,
CDSA*

Candace Matthews- *Parent, Pediatric Clinical
Nurse (Cone)*

Candace Thomas- *Parent*

Carrie Sawulski- *NICU Physical Therapist (Cone)*

Dr. Jennifer Summer- *Pediatrician (Northwest
Peds)*

Greg Cohoon- *Parent*

Harriet Twiggs Holt- *JD, RN, NNP-BC, NICU
(Cone)*

Isabel Chasse- *LCSW (Cone)*

Robert Hickling- *Parent*

Sabrian Enoch- *Assistant Nursing Director, NICU
(Cone)*

Stephanie Garner- *Parent, Professor HPU*

Steve Gobbo- *Parent*





OUR STAFF:

Nancy Micca, Executive Director

Lisa Shoffner, Home Vistation Program/Community Support

Amy Stowers, NICU Family Support

Meredith Spaugh, Admin/NICU Family Support

Katy Biagini, Marketing and Communications Manager

Melissa Brooks, NICU Family Support

Kathy Cartee, Book Keeper and Alma Espinoza, Interpreter



OUR GUIDING PRINCIPLES:

- *Supporting Caring Connections*
- *Celebrating Uniqueness*
- *Nurturing Resilience*
- *Strengthening Families through Education*



LOCATION(S) & HOURS:

CONE HEALTH WOMEN'S OFFICE:

2nd Floor Executive Suite,
Cone Health Women's Hospital

SATELLITE OFFICE:

515 College Road, Suite 14, Greensboro

HOURS OF OPERATION:

Monday-Friday, 9:00-5:00 p.m.

**NICU staff coverage some evenings/weekends*



RATIONALE FOR FAMILY SUPPORT NETWORK:

Family Voices Inc., a national group, found that 14.6 million children ages 0-17 (almost 20% of all children) in the US have a special health care need (SHCN), such as: autism, cerebral palsy, developmental delay, intellectual disabilities, depression, learning disabilities, epilepsy, etc. ('One in Five Report', 2015). Special health care needs lead to more health care utilization than children without SHCN.



STATS AT A GLANCE:

4x the number of hospitalizations

5x the number of prescriptions

7x the number of days in hospital care

7x the number of annual visits to providers

Furthermore, the majority of children with SHCN have co-occurring health conditions and require multiple specialized services. The health status needs of children with SHCN increase in complexity and impact as they grow.



PROJECT NICU

from Family Support Network



OUR NICU IMPACT (2018-2019):

NICU FAMILIES SERVED: 426

BABY BOXES (SAFE-SLEEP): 400

BOOKS FOR BABIES: 2x per month, 735 total

CRIBS FOR KIDS (PACK AND PLAYS): 41

ELIZABETH'S CLOSET (BASIC BABY SUPPLIES):
62

FROGS (NICU POSITIONING SUPPORT): 320

GAS VOUCHERS: 250

SIBLING BAGS: 166

EARLY INTERVENTION:

- NICU families served: 426
- Home Visitation: 80 infants served, 418 visits
- Home Visit Mileage: 5,306 miles

NICU SUPPORT GROUPS:

- 31 meetings for current families
- 155 attended unduplicated
- 236 attended duplicated



FAMILY SUPPORT NETWORK

of Central Carolina



OUR SPECIAL NEEDS IMPACT (2018-2019):

SIBCLUB (A support group for siblings of children with special needs): 5 sessions held

NEW MENTOR PARENTS TRAINED: 7 total

PARENT MENTOR MATCHES: 24 total

MOM'S GROUP (SPECIAL NEEDS): 9 meetings

DAD'S GROUP (SPECIAL NEEDS): 9 meetings

HOLIDAY JAMBOREE (An annual Special Event for our Families, held in December):

- 200 participants

UNITE ("Understanding the Needs of Inclusion Takes Everyone"- Annual Community Event, held in conjunction with Downtown Greensboro):

- 30 vendors
- 150 participants

ADDITIONAL RESOURCES INCLUDE:

- Assist with connecting families to a variety of local and statewide support and advocacy resources
- Distribute statewide Family Support Program Summer Camp Guide
- Sharing family-friendly information regarding specific diagnosis, grief, coping, sibling support, and more



"When you treat a disease, sometimes you win and sometimes you lose. But when you treat a PERSON, I guarantee you, you'll win... no matter the outcome."

-Patch Adams

**THANK YOU FOR YOUR CONTINUED SUPPORT!
PLEASE STAY IN TOUCH WITH US.**



EMAIL LIST-SERV: To receive our monthly newsletter, please email katy@fsncc.org. Our newsletter currently reaches 1,520 individuals and agency professionals

WEBSITE: www.fsncc.org

FACEBOOK: www.facebook.com/fsncc

INSTAGRAM: @FSN_CC

TWITTER: @FSN_CC